

# Bokkompie

NOVEMBER  
2021



WITWARMSTORIES VAN KWARTAAL 3 EN 4

## MNR. & MEJ. VHS

'n Aand om te onthou!

## CHESS CHAMPS

A tournament that blew our socks off!

## LIPLEKKERRESEPTE

Wat ruik so lekker in 107?



# CUTTING LOOSE AT Mr & Miss VHS

by Laurentio Massinga

WOW! What a spectacular night it was - definitely one to remember and one to be proud of. Despite COVID 19, Vredenburg High School had the opportunity of hosting Mr and Miss VHS this year and we sure went all out. The night was truly magical and our finalists looked absolutely breathtaking. The competition was extremely strong and in anyone's favour; it most definitely was not an easy decision for the judges. The finalists were exceptionally great individually and with their partners. There were a lot of criteria that they had to meet to make the cut at the end of the night, such as photogenic qualities, personality, how well they work together as partners, and confidence.

Every finalist had to choose a creative character for the second round. They were very creative and had some interesting characters. It was an astonishing performance. We had characters such as Hannah Montana, the Fresh Prince, Maleficent, The Joker, Michael Jackson, and many others. They really brought their A-game.



Dina Fourie's dance school entertained the audience with a modern hip hop shown and Nicola Dreyer graced the stage with several soulful songs.

After a very successful night these were the results:

Mr Creative: Igsaan Manuel  
Miss Creative: Nikita Rudolph

Mr Personality: Craigon Hartebees  
Miss Personality: Lyla Makau

Mr Photogenic: Darius Jansen van Rensburg  
Miss Photogenic: Klarrissa Coetzee





The big winners:  
2nd Prince: Imran Rajab  
2nd Princess: Lusanda Molefi

1st Prince: Netû Snyman  
1st Princess: Chante Green

Mr VHS: Nicolaas van den Berg  
Miss VHS: Mari van Nieuwenhuyzen

CONGRATULATIONS to our winners and all the other finalists!  
Our Burgies made us so proud and held VHS's name high. We are proud of all our finalists for putting in such hard work and making the night a huge success.

The night wouldn't have been successful without the staff of VHS and our lovely MCs, Miss Dreyer and Mr Van Hooi. They hosted the show well and even broke out in song!

Finalist Kelly Klaase said, "The night was a success, it was breathtaking. I really, truly enjoyed myself. In the beginning, my nerves were all over the place, but as soon as the curtains opened and I set foot on the runway, I immediately felt the support of the audience and in those moments I gained so much self-confidence but WOW! It was truly amazing."

The most important part of the evening was that everyone had fun and definitely enjoyed every moment of it all. Overall it was a great night.





# Fur Never Goes Out of Style

BY LIANKA JORDAAN

Die Landsdienslede het op Woensdag 15 September, in samewerking met Langebaan Animal Care Centre, 'n "doggie fashion show" aangebied. Die modeparade is op VHS se hokkieveld gehou.

Daar was ses verskillende hondjies wat kom optree het. Elkeen het sy eie uitrusting aangehad met sy eie liedjie om op te paradeer. Die leerders en onderwysers wat kom kyk het, kon vir die wenner van die vertoning stem.

There were two doggies who had made it through very difficult circumstances. One is Benji. He had lost his eye due to infection, but was saved by the Langebaan Animal Care Centre. The other is a puppy that had also been rescued from the side of the road with a bad skin condition and underdeveloped legs. His name is Franky. Luckily, both have recovered very well and were both in great spirits during their performance.

The people from the Animal Care Centre taught us the five animal rights. These include: freedom from hunger and thirst; freedom from discomfort; freedom from pain, injury, and disease; freedom to express normal and natural behavior (e.g. accommodating for a chicken's instinct to roost); and freedom from fear and distress.

Die Langebaan Animal Care Centre het 'n groot behoefte aan donasies, siende dat hulle 'n nie-winsgewende organisasie is. Hulle sal enige geldelike bydraes waardeur, maar verwelkom ook hondekos, beddegoed vir die diere en selfs klere vir hul winkel waar hulle tweedehandse items verkoop. Hulle wil baie graag hul organisasie uitbrei om meer spasie vir die diere te maak.

You can volunteer there from Mondays to Fridays to walk the dogs or visit their cat tree. It contains kittens and there are adult cats as well. You just call ahead and arrange when you would be needed. They really appreciate any help you are willing to give.





A Spelling Bee is a competition in which contestants are asked to spell a broad selection of words they have to learn beforehand. The words usually vary in difficulty. Our school's Spelling Bee was held on the 20th and 21st of October 2021. The competition on the 20th was for junior contestants (Grade 8 and 9), whereas the one held on the 21st was for the senior contestants (Grade 10 and 11). The senior competition has more difficult words to spell and memorize which is why they are separated.

The contestants had to practise in the afternoons before the competition to get themselves ready, build their confidence about what they should do, and learn how the competition works.

Round 1 of the competition is a non-elimination round, which means that if you spell the word wrong you don't get eliminated. It is quite stressful and intimidating to spell for the first time, that is why it is structured like that. For each turn, you have to pronounce the word, spell out the letters, then pronounce the word again.

From Round 2, if you spell the word wrong you are eliminated. The rounds continue to Round 5, each round more difficult words are asked. In Round 5, unseen words are asked, meaning the words are chosen at random and not from the spelling list the contestants had to study.

Round 5 continues until a winner is decided. Once it comes down to the two finalists, if one contestant spells the word incorrectly the other is asked to spell it. If it is wrong they both continue. If the word is spelled correctly, the contestant must also spell the word of his/her turn correctly. If that word is correct, that person is declared the winner.

The winner, 2nd and 3rd places receive prizes; the other contestants get a certificate of participation and a small gift.

These were the results:

Senior Category

1st place: Dunay de Klerk

2nd place: Akhona Mzwakali

3rd place: Chuma Nyalambisa

Junior Category

1st place: Cheyenne du Plooy

2nd place: Waylon Solomon

3rd place: Minenhle Mkhize

# BUZZING AT THE BEE

BY ELAINE BOWLES





# Checkmate: The Victors' Words

By Dunay de Klerk

There have always been misconceptions about chess, for example, people who study chess are nerds or introverts. Chess is a complicated sport that is not as appreciated as it ought to be. Some people do not even see it as a sport since it is not a game based on how strong you are, how fast you can run or how high you can jump.

It may lack in physical exercise; however, you will certainly get a workout after playing a few games against a chess pro! Pros like the ones at our very own Vredenburg High School. In previous years, the chess club has been overshadowed by other school events, but this year the members achieved such brilliant victories, they might even outshine the rest of the school's clubs!

During the pandemic, chess was one of the only sports still active since it does not require any physical contact. In this time, the members practised their skills to near-perfection and after every tournament, they walked away with proud grins.

The players are Cayden Wilson, Jamie-Lee Mitchels, Kayla Scheepers, Marilené van den Bergh and Archard Franzman. These talented learners made VHS rank number one in the West Coast School Chess League. Our matrices, Caden and Jamie-Lee were awarded places on the roll of honour of the West Coast Chess League, as well as awarded with honorary colours for chess.

Our Burgies made it very far! First, they won the West Coast Prestige Schools Tournament, which meant that they qualified to represent the West Coast at the Western Cape Prestige Schools Tournament. After this, they qualified for Nationals taking place next year.

Cayden Wilson said, "Objectively speaking, this was probably the greatest year that VHS chess has ever seen with VHS winning both the boys and girls U/18 sections this year, and also being crowned the number one school in U/18 chess in the whole West Coast. We also hit a massive milestone: out of 14 available spots in the U/18 Western Cape School's team, VHS claimed a record three available spots. It may not sound like much, but to put it into perspective, we played against some of the Western Cape's best players and all the spots could have easily been taken by only the top players. However, three of our VHS players won against all odds and secured those spots. I hope that this is only the beginning."

These learners offered up hours of their free time to practise chess, research different openings and how to counter certain plays. I have heard that the participants of the chess club are fiercely competitive. They would play against each other for practise as if it were the actual tournament. Even the chess coordinator, Ms Johnson, plays against them occasionally and loses against these incredible players.





Caden Wilson

When did you discover your love for chess and where did you learn to play?

My father taught me how to move the pieces when I was about 5 years old, but it didn't interest me much. I only fell in love with chess after playing my first tournament in 2018. The experience was so wonderful, I just had to keep playing.

What goes through your mind while you are competing?

Since early in 2021, I've always played with the motivation to win. This year especially, victory was on my mind for all the players from our school. So during every tournament this year I was hoping that VHS could have as many players qualify as possible.

How much time do you spend practising chess per week?

During lockdown last year and in 2019, I spent a lot of time on chess. I used to study theory and practise for maybe 2-5 hours a day every day for about 2 months or so. This year I only practised for a maximum of one hour a day maybe and not every day.

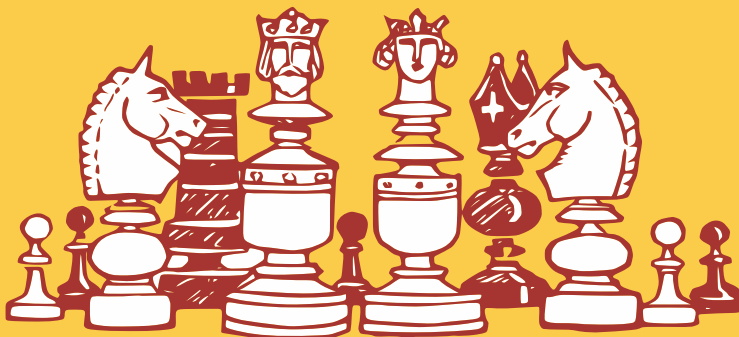
Do you think chess is only for the "super smart" or can anyone play?

Nope, whoever has that impression or thinks that way is greatly mistaken. Anyone can become good at chess as long as they love it and practise hard. There will always be people with natural talent, but people who put in the hours to practise can become equally as good, maybe even better than the naturally talented players. Chess is open for everyone to learn and become good, so I hope that our success this year motivates VHS learners to start playing chess and representing the school. Our accomplishments this year were done without a coach, so if our school gets a coach next year, the success of VHS chess will skyrocket.

Do you feel that the challenges and strategies in chess help you to make better life decisions?

I hear people say this a lot about chess. Maybe this is the case for many people, but for me personally I just enjoy the game. I don't think it helps me in that way, but that's just me. It might actually help others, I guess you'd have to play to find out.

Let's hear from  
our Burgies!





# Marilené van den Bergh



Wanneer het jy jou liefde vir skaak ontdek en waar het jy geleer skaak speel?

Toe ek so 4 was, het ek my pa se skaakspeletjies oorgevat wanneer hy toilet toe gegaan het. Ek het nie vreeslik goed gespeel nie, maar speel wou ek speel.

Pietersburg Laerskool Suid is waar ek regtig begin het.

Wat het deur jou gedagtes gehardloop terwyl jy aan die toernooie deelgeneem het?

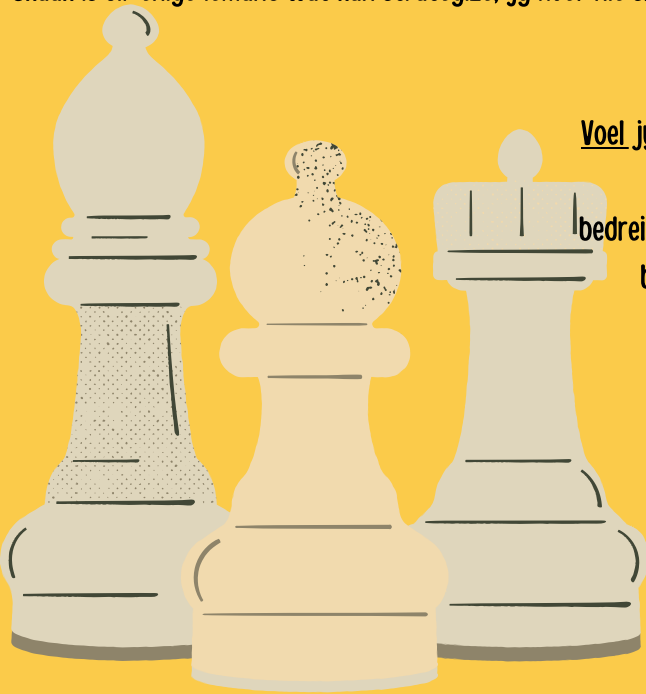
Absoluut niks behalwe skaak, wanneer ek speel, dink ek net aan die spel en my opponent en hulle gedagtes

Hoeveel tyd van die week spandeer jy aan skaak oefen?

Hang af hoe ek daardie week voel.

Dink jy skaak is net vir 'slim' mense of kan enige iemand wat belangstel daarin goed raak?

Skaak is vir enige iemand wat kan strategize, jy hoef nie slim te wees nie, jy moet net kan dink aan wat op die bord aangaan, jy moet goed kan beplan en altyd 'n "parry" hê vir hulle attacks.



Voel jy dat skaak se raaisels jou sal help met besluitneming in jou daaglikse lewe?

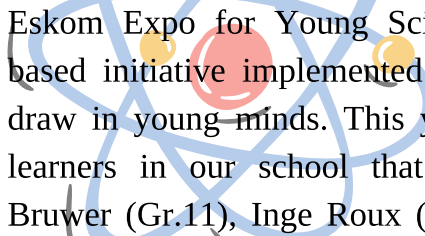
Ja absoluut. Ek sien lewe soos 'n skaakspel, dit help jou om bedreigings en opportunities vinniger raak te sien. Dit help jou om te kies wat die beste ding is om te doen, want dis makliker om die beter keuse te onderskei van die slegte.





# EXPO SCIENTISTS AT IT AGAIN!

BY FIONA VAN ROOYEN



Eskom Expo for Young Scientists is a science-based initiative implemented at a school level to draw in young minds. This year there were three learners in our school that took part: Victoria Bruwer (Gr.11), Inge Roux (Gr.11) and Thiedu du Preez (Gr.8). They did very well and I was lucky enough to interview Ms. Coetzee and the three learners about their achievements.

## INTERVIEW WITH MS. COETZEE

### What is Eskom Expo all about?

Expo is all about finding a problem in your environment that you want to solve or doing research on any topic you are curious about. In general, we always refer to the Eskom Expo as a movement for young scientists.

### If a learner would like to take part in the Eskom Expo, are there certain academic requirements the learner must meet?

All we need from you is to have a curious mind and the will to explore. We have a great support team who will help you to develop your ideas and turn them into a masterpiece.

### What is ma'am's perspective on this years Eskom Expo results?

I am so proud of our three learners. They were so devoted to their projects and they really gave it their all. This was the first time during my time with the Eskom Expo that we had two learners who went through to the International Science Fair, well as a learner winning the gold medal and a category prize. I can't wait to see what the future hold for these learners.

## ACHIEVEMENTS

INGE ROUX: Bronze medal at the regional competition for her project "For the Love of Soil"

VICTORIA BRUWER: Silver medal at the regional competition and Bronze at the International Science Fair for her project "Dream of the Hour"

THIEDU du PREEZ: Silver medal at the regional competition and a gold medal at the International Science Fair for his project "White, Whiter, Green". He also won for the best junior project in the category Biochemistry and Chemistry.



**THIEDU**



# LET'S LEARN MORE ABOUT THESE AMAZING PROJECTS!

## VICTORIA BRUWER

The project I conducted was a survey to observe how our personality traits affect the quality of our dreams and how well we remember them. It was quite challenging to set up questionnaires where I had to ask only what was necessary and obtain the best information to find my results. I enjoyed interpreting all the data I received because it gave me more insight into how other people behave in order for them to dream a certain way. I've had experiences with doing Expo in the past, but this year I've learned so much more compared to my previous projects, so I'm most definitely pleased with my project this year.



## THIEDU du PREEZ

I tested natural products to clean stains on fabric without using any chemicals and without harming the environment. Fabric samples were stained with beetroot juice, fatty liquid, black tea, as well as blue watercolour paint. The natural products I tested were various oils, for example, tea tree oil. The household products included vinegar and lemon juice, of which vinegar won as the best natural chemical free product to clean fabric stains.

The difficulties I've faced were time management, where I struggled to have time for my other responsibilities. My favourite part was the testing of the oils and being able to do this experiment with my hands. It was interesting to see how all the products reacted and what the results were.

I'm extremely pleased with the results, although I couldn't have done it without the help of Ms Coetzee.

## INGE ROUX

My Expo project was to see if vegetables can reduce soil erosion. I tested it with onions, radishes, beetroot and carrots, as well as taking it to the extent of where it would be able to create job opportunities.

There were definitely difficulties, such as at first my vegetables refused to grow due to the large amount of water that the soil absorbed. Although, my favourite part was when my vegetables eventually started growing, flourishing and where I was able to prove my hypothesis.

I was indeed pleased with my results, even though I felt I was capable of doing better. I would like to thank Ms Coetzee for helping me through this whole experience. She most definitely taught me a lot!





# VRI 2022

by Boipelo Mance

Dit is 'n onmoontlike taak om 'n skool te bestuur sonder enige reëls, dissipline of leiers. The Grade 11s voted for their Senior RCLs of 2022 at the beginning of term 3 and the results were a pleasant surprise.

Ons wil net benadruk dat onderwysers geen stem of aandeel in hierdie jaar se stemproses gehad het nie, en dat die uitkoms slegs op die graad 11-leerders se stemme gebaseer was.

I announce to you our senior RCLs of 2022 (in alphabetical order).

Boys:

Julian Appolis

Elzain Bosch

Ethan Cloete

Isidor Erasmus

Teboho Hoaene

Josh Isaacs

Thurnelle Jacobs

Lothan Love

Laurentio Massinga

Imran Rajab

Johan Van der Merwe

Tiaan Van Rhyn





Girls:

Kaylin Andrews

Alexis Arendse

Bronwin Atson

Victoria Bruwer

Kelly Coetzee

Haybré Coraizin

Robin du Plessis

Lianka Jordaan

Brunithe Julies

Boipelo Mance

Jo-Ann Petrus

Jenna Smith

Cassidy Summers



16 October 2021: The RCL's had their first team building activity. Die dag se fokus was daarop om mekaar beter te leer ken, veral in terme van spanwerk.

22 October 2021: Die tweede dag van spanbou. Die fokus was op spanwerk, kommunikasie en die kweek van innoverende denke.

23 October 2021: They had their last team building day. Sjoie! Dit was 'n moeilike, maar opwindende dag. Daar was baie aktiwiteite wat niemand gedoen sou kry sonder die hulp van hul spanlede nie. Aan die einde van die dag het hulle hul hoofleiers genomineer en gestem. Daarna moes hulle in spanning wag vir die bekendmaking van die hoofleiers op Dinsdag 26 Oktober 2021.



Die uitslae was as volg:

Headboy: Thurnelle Jacobs

Headgirl: Victoria Bruwer

Baie geluk aan elkeen van hierdie leerders. Ons sien uit daarna om die pad saam met julle te stap.

Uit die pen van 'n VRL-lid, Bronwin Atson: "Ons sien uit om as 'n span te groei en die skool 'n beter plek vir alle leerders te maak"





Deur Jo-Ann Petrus

Waar die wat in ons magtige God glo, tuis voel.

By TFC leer en gesels ons oor die wonderwerke en karaktereienskappe van God. Ons leer Hom ken op Sy naam, net soos Hy ons elkeen op ons naam ken. Om hierdie rede wil ons dan ook ons liefde en dankbaarheid terugploeg in die gemeenskap en ander sodoende aan God voorstel. Ons laaste projek vir die jaar is 'n geskenkpasel vir Badisa.

Hier is 'n paar van die leerders se gunsteling Bybelversies.

**Cher-Marlaine Rossouw (11A4) - Isaiah 58:9**  
Then you will call, and the Lord will answer  
You will cry for help, and He will say here I am.

**Chloe Williams (10A1) - Petrus 5:7**  
Gee al julle bekommernisse oor aan God, want hy gee vir julle om.



**Joshua Wilson (9E3) - Ephesians 2:8**  
For it is by grace you have been saved, through faith and this not from yourself.  
It is the gift of God!

**Jo- Ann Petrus (11A1) - 1 Kronieke 13:3**  
Want nou is die tyd dat ons die ark van ons God na ons toe terug bring, want ons het dit in die dae van Saul verwaarloos.



# D O F D D D E T S I E

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**It was that time of the year again where all learners from different schools and communities are given an opportunity to show their way of art, which includes: singing, drama, creative writing and so on. Although some of the activities were cancelled due to Covid 19 they still managed to do a virtual online competition. In July our learners were very excited to take part in the competition although they had separate dates. True to the nature of a Burgie, they were able to bring back excellent results that include:**

**8 CATEGORIES WINNERS**

**20 CUM LAUDE**

**20 GOLD**

**14 SILVER**

**6 BRONZE**

”



**We specifically want to congratulate the following Category Winners:**

- **Micaela van der Walt Gr 12E1: Acoustic Guitar Gr. 8-12 Concert and Classical Piano Gr. 8-12 Solo (WESTCOAST MUSIC ACADEMY®)**
- **Kuinders, Shania-Amor Gr 12 E1: Clarinet Gr. 8-12 Solo and Wind Ensemble - Sextets (WESTCOAST MUSIC ACADEMY®)**
- **Jamie-Lee Morris Gr 11A 2: Advanced Arts at Lientjie Blok Art Centre**
- **Paul Adams Gr 11A2: Advanced Arts at Lientjie Blok Art Centre**
- **Dunay de Klerk 10 A1: Essay**
- **Kubelulo Momoza Gr 8E1: Voordrag- Poësie and Speech- Poetry**
- **Chané Bester Gr 8A2 Speech: Poetry**
- **Thiedu du Preez Gr 8 A3: Diploma as item winner for Fine Arts. (2020)**
- **Robyn Geldenhuys Gr 8A1 : String Ensemble Gr. 8-12 Rock (WESTCOAST MUSIC ACADEMY®)**



**Paul Adams**

**Thomas Abrahams**



**Jamie-Lee Morris**





Sonet de Jager



Tateana Myburg



Victoria Bruwer



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# Court Is Now In Session

by Lyla Makau

Two of our very own Burgies took part in a moot court competition throughout September and October. In addition to that, they progressed to the semi-finals with no experience at hand.

Xena Rooms (grade 10) and Sindisile Mankayi (grade 11) competed in the South African Moot Court Tournament. This particular competition aims at promoting human rights and helps students become knowledgeable about the constitution and important case laws.

This duo was the only team from the West Coast to advance to provincial rounds on their first attempt at the magistrate's court of Atlantis. Here, learners presented their cases in actual courtrooms to real judges. Not only that, but they also received points based on their presentation and teamwork. Their case was about learners who sued their school after the school allegedly violated the learner's rights to privacy, basic education and peaceful assembly in terms of the constitution. The learners were suspended after protesting, which the school felt was unlawful.

Our advocates-in-the-making were given the chance to represent the applicant (learners who made the case) by demonstrating why and how the school infringed on their rights. After each round, they switched positions and were therefore also representing the respondent (the school) by proving whether they had violated their rights and whether or not the suspension of the learners was justified. All thanks to their dedication, strict attitude and mentor, Mrs Van der Merwe, they placed fourth and soon progressed to national rounds and thereafter semi-finals.

What should have taken place at the Constitutional Court in Pretoria, had to happen virtually due to Covid 19. Vredenburg High was among other schools in the Western Cape such as Paul Roos Gymnasium and Hermanus High School in the quarter-final and semi-final rounds. During this phase of the competition, our learners learnt that without witnesses on hand and evidence to back up your statements, you have a high chance of getting called out in court. They felt frustrated and hopeless at times when they ran out of time or could not present their full arguments. The thought of how much they had prepared and how hard they had worked was what pulled them through and kept them focused. Through the good and the bad, Rooms and Mankayi had each other, as well as their mentor for help, support and motivation.



**"Although it was extremely nerve-racking, that day was one of the best days of my life and I learnt so many amazing things that will definitely stick with me as I continue to pursue this career," Xena Rooms commented.**

**"This journey or experience did not only help develop my self-confidence, but also my way of speaking to people in terms of knowing how to voice my opinions and views in a respectful manner," Sindisile Mankayi remarked.**



# PICTURE THIS



JuneBé du Preez het hierdie jaar aan 'n virtuele  
kunsuitstalling deelgeneem.

Ek is taamlik seker dat die meeste van ons nie weet  
wat dit behels of hoe so iets werk nie, so daarom het  
ek vir haar 'n paar vrae gevra om meer daaroor uit  
te vind.

H O U   D I E   S P A S I E   D O P



# VIRTUELE KUNSUITSTALLING

DEUR ELAINE BOWLES

## 1.) Wat is 'n virtuele kunsuitstalling en hoe werk dit?

Tydens die COVID-epidemie is daar dwarsoor die wêreld gekyk na maniere om so normaal moontlik voort te gaan sonder dat mense fisies deel is van 'n kunsuitstalling. Die Open Art kunsgallery in London het al hul uitstallings so begin doen. Kunswerke word "uitgestal" in 'n digitale gallery. Die jaar se uitstallings is op 'n eiland "geskep" met 'n ligtoering, 'n ouditorium en 'n kaai.

## 2.) Wanneer het dit plaasgevind?

Die kunsuitstalling het amptelik op 25 September begin en duur dan vir 'n volle jaar.

## 3.) Het jy enige pryse gewen?

Daar was geen pryse om te wen nie, maar 'n kunstenaar kon die geleentheid kry om hul kunswerke op die platform uit te stal en moontlik te verkoop.

## 4.) Was die virtuele uitstalling vir jou beter as 'n gewone uitstalling? Hoekom of hoekom nie?

Dit was vir my beter as 'n gewone uitstalling omdat ek na ander kunstenaars (van regoor die wêreld) se kunswerke op my rekenaar kon kyk, sonder om my huis te verlaat.

## 5.) Watter tipe kuns kan hier verwag word?

Kunstipes soos skilderwerk, beeldhou, fotografie en musiek- en video-opnames kan by die uitstalling verwag word..

## 6.) Kon toeskouers wat nie self aan die kunsuitstalling deelgeneem het nie, die kuns sien of inskakel om daarna te kyk?

Elke kunstenaar het hul eie persoonlike skakel ontvang waarmee hulle self na die kunsuitstalling kon kyk. Kunstenaars kon dan die skakel met familie en vriende deel om ook na die kunsuitstalling te kyk.

## 7.) Was daar baie mense wat daaraan deelgeneem het?

Ek is nie seker hoeveel inskrywings daar was nie, aangesien daar nog 'n gedeelte van die "eiland" is, waar hulle besig is om nuwe kunswerke op te stel. Ek weet wel dat daar slegs 400 kunswerke vir die uitstalling gekeur is.



"FINAL VOYAGE HOME"





### 8.) Wat het jou laat besluit om daaraan deel te neem?

Ek het gehoor van die kunsuitstalling deur 'n ander virtuele kunsuitstalling waaraan ek 2 jaar terug deelgeneem het. Die feit dat ek só, blootstelling in Europa kon kry, het definitief my besluit beïnvloed. Dit was ook 'n uitdaging om as minderjarige teenoor volwasse kunstenaars deel te neem.

### 9.) Hoe lank doen jy al kuns?

Ek doen al kuns van Graad 6 af. Ek het aan my eerste kunskompetisie deelgeneem nadat my laerskool kunsonderwyseres my ingeskryf het. Van daar af het ek elke jaar aan nog kunsuitstallings en kompetisies deelgeneem. Ek het intussen ook begin om van my skilderye te verkoop.

### 10.) Wat was jou inspirasie vir die kunswerke wat jy gedoen het?

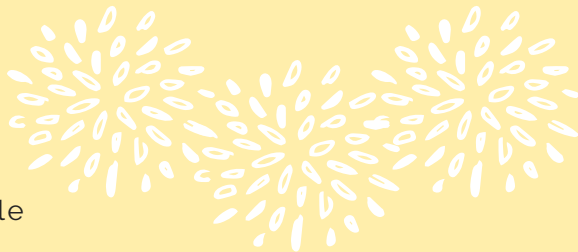
Daar was nie 'n spesifieke tema vir die kompetisie nie. Aangesien die kompetisie redelik laat in my Matriekjaar op my radar gekom het, moes ek skilderye inskryf wat reeds klaar was. Die een, "Final Voyage Home" beeld 'n renosterkalfie uit wat by haar ma se karkas staan nadat stropers haar doodgemaak het. Daar is ook 'n skare engele wat hartseer neerdaal om haar ma weg te neem op haar "Final Voyage Home". Ek het doelbewus die skildery meer simplisties gedoen om die aandag te vestig op die hartseer van die wees-kalfie en die engele. Die ander skildery is "Guardian Angel" wat ek vroeër in die jaar gedoen het as deel van 'n leierskapskursus wat ek bygewoon het. Ek moes iets skep wat handel oor 'n probleemsituasie vir die jeug in ons land. Ek het gefokus op jeugwerkloosheid. Die skildery is 'n nuwe tegniek waarmee ek eksperimenteer. Dit is waar ek bo-op van my eie foto's skilder. Ek het die foto geneem by 'n verlate fabriek in St. Helenabaai waarop ek toe 'n engel geskilder het. Sy staan met haar gesig na die fabriek, met haar vlerke wat begin lig. Dit simboliseer dat sy die jeug in die area probeer beskerm teen werkloosheid en al die dinge wat daarmee gepaardgaan.

### 11.) Kom jy uit 'n familie wat kunstig is?

Ek sal nie sê dat ons kunstig is nie, maar beslis baie kreatief. Albei my broers skets, terwyl ek op skilderkuns konsentreer. Maar ja – die kreatiewe gene is beslis daar!



“GUARDIAN ANGEL”





# WAT'S NUUT BY VHS?

BY CRESTOBELL KAMOWA

## NUWE KLASKAMERS EN TOILETTE

Gedurende Oktobermaand het Hoërskool Vredenburg baie ontvang. Dit was nie net die nuwe bus nie, maar ook nuwe klaskamers en netjiese toilette. Ons het twee nuwe, mobiele klaskamers ontvang en een van die ou klaskamers is opgeknip. Die een klaskamer is aan meneer Van Deventer toegeken en die ander een aan meneer Van Hooi. Ons toilette is ook opgeknip met splinternuwe toestelle. Ons wil 'n spesiale dankie sê aan meneer Du Toit, die Beheerliggaam en almal wat 'n bydrae gelewer het om seker te maak dat Hoërskool Vredenburg se kinders netjiese en veilige klaskamers het waarbinne ons kan leer. Dit is 'n groot voorreg.

## ONS NUWE WIELE!

Op 18 Augustus 2021 het Hoërskool Vredenburg 'n spoggerige nuwe bate aangeskaf. Splinternuut getooi in vaal, wit en rooi, spog ons met ons moderne bus. Ons wil hartlik dankie sê aan die persone wat dit moontlik gemaak het om die bus te kan aankoop. 'n Baie spesiale dankie aan meneer Brittz, meneer du Toit en ook die beheerliggaam. Ons kon nie vir 'n beter bus vra nie.



## A LITTLE BUNDLE OF JOY

On 22 July 2021, Mrs Bosman and her husband welcomed their daughter Dané Bosman into the world. Dané is a Burgie by default and we would like to celebrate it with Mrs Bosman. May your baby be blessed with good health and laughter as she is a spitting image of you. You are entering a new chapter of your life. All of the best!



# Love is in the Air

BY CRESTOBELL KAMOWA

When we talk about love at school, we usually think about Valentine's Day and certain couples. But this year tables have turned. Covid 19 has affected so many things, but not love. Our teachers at Vredenburg High School have been in love and things were taken to the "NEXT LEVEL". We are very glad for them.

We would like to congratulate the following teachers:

Miss Malan got married in March and is now called Mrs Van der Walt

Miss Pontello, Miss Maree and Miss C. Smit have all gotten engaged and are heading to take things to the next step.

We are very happy for them and we are also proud, because they showed us, their learners, what true love is. We wish them many blessed years with their partners and hope that they grow old together.

All the best to each one of you.



Miss Pontello



Miss Maree



Miss Smit



# Rock & Roll Queen

BY ZANÉ OELOFSE

Miss  
Briedenhann

As most of you know, Ms Briedenhann has a special talent for music. From studying guitar chords to writing music, she knows it all! But how much do we know about her interest in music?

We asked her a few questions to see her personal preferences and musical history. The questions are as follows:

## 1. What has been the highlight of being a guitarist so far?

I have performed a few times in front of people, but the best performance was for the VHS crowd for the talent show in 2018. My nerves were shot, but once you go on stage everything disappears and a different side of you comes out. It is thrilling to be able to play in front of a lot of people. One on one, not so much, but I recently got over that fear as well. Another highlight was to be able to buy my dream guitar. It's definitely a highlight for any guitarist.

## 2. What qualities make a good guitarist?

Hours of practice, a lot of patience with your art and passion. You always have to be passionate. People can pick up when you aren't passionate about your guitar playing or your music. That connects you with the crowd and inspires other guitarists. And, of course, you need to have your OWN specific sound and your OWN persona. People don't like clones of other people. That's just how the music industry works.

## 3. What other instrument(s) do you play?

I can play the bass guitar, drums and piano. I had to learn these instruments to be able to write my own songs, but I'm not as good at them as I am on the guitar.

## 4. Why did you start playing the guitar? Who or what influenced you?

I've always been fascinated by the guitar. I remember my father bringing home a guitar one day and I was intrigued by the sound. I was about 5 years old and I wasn't allowed to play it, so I would have a stick or broom and pretend to jam out with my father. Eventually, he stopped, but I never stopped dreaming of learning to play. Music, in general, is a big passion of mine and has been part of my everyday life, since I was very young. I grew up in a music-loving family so I just HAD to pursue my dreams. Further along the line, I got to see Brian May from Queen on TV and I imitated him with my broom guitar. I wasn't old enough to buy myself one. Eventually, when I got older, I saved up some money and bought my very first guitar. The passion never died. So, it's safe to say Brian May from Queen inspired me to pick up the guitar, and Frank Lero from My Chemical Romance just took it further and gave me some of my attitude on the guitar.





**5. What's your favourite type of guitar?**

A Paul Reed Smith. They are lassy looking guitars and passionately built. It's all about the passion in everything.

**6. Who's your favourite artist/band?**

I have a lot of favourite artists or bands. I also never listen just to a certain genre. I can't be placed in a box, so I don't like placing my music in a certain box, or only certain bands or artists. I have a love for all musicians who speak their truth and put passion into what they write.

**7. We know that you write songs as well. What's your favourite thing to write about?**

(Chuckles) It probably sounds a bit cliché, but most of the songs I write are about heartbreak and love and being in love. That's how Taylor Swift got to the top, so it has to work! I would sometimes write about the world, what's happening and my viewpoint. I guess it depends on what I feel needs to be said and heard. As a songwriter, your goal is to get people to connect to the songs you write and to let them know that they're not alone in whatever they are dealing with. I'm an emotional writer. People relate to songs like that and that's the purpose of music. That's why we listen to music. To get away from the world around us.

**8. If you were to start a band, what would you call it?**

Lillian Blue or Skunk Faces - it's a face that guitarists make when they play the guitar.

**9. If you could play with any guitarist in the world, who would it be?**

It would definitely be Brian May of Queen, but I guess that wouldn't be enough for me. I love too many guitarists! It would be awesome to just learn from all of them and what they have to offer.

**10. Name one of your favourite songs to play on the guitar.**

On the electric guitar, any Royal Blood song at the moment. Acoustic would be Gold Dust Woman by Fleetwood Mac.

**11. This or That:**

11.1 The Beatles / Nirvana? Nirvana

11.2 David Bowie / George Harrison? George Harrison

11.3 Joan Jett / Royal Blood? Royal Blood

11.4 Blues and Rhythm / Jazz? Blues and Rhythm

11.5 Kurt Cobain / Eric Clapton? Eric Clapton





# Good-bye



It is with a very sad heart that we have to say good-bye to these wonderful teachers. The learners of VHS would like to thank you for all that you have done and taught us during your time here. We wish you all the best with your new adventure! And remember, once a Burgie, always a Burgie!



*Mr B.  
van  
Deventer*  
MOVING TO:  
CITRUSDAL



*Ms. B.  
Johnson*  
MOVING TO:  
MELKBOS



*Ms. K.  
Cordier*  
MOVING TO:  
PRINCE-ALBERT



*Ms. L.  
Louw*  
MOVING TO:  
WORCESTER



*Ms. E.  
Louw*  
RETIRING TO:  
ST HELENA BAY



*Ms. L.  
Smit*  
MOVING TO:  
DURBANVILLE





NATIONAL  
**CANCER**  
AWARENESS DAY

NOVEMBER 07



# CANCER AWARENESS RIBBON COLORS

(COLOR SUGGESTIONS ARE AS CLOSE AS POSSIBLE TO ACTUAL CAUSE)



**APPENDIX CANCER**  
**#1 GOLDEN YELLOW**



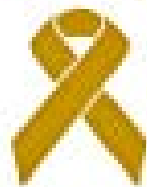
**COLON CANCER**  
**#14 KEY BLUE**



**SARCOMA & BONE  
CANCER**  
**#3 LIGHT YELLOW**



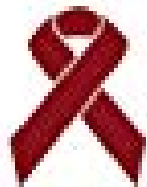
**PROSTATE CANCER**  
**#17 ICE BLUE**



**CHILDHOOD CANCER**  
**#31 METALLIC GOLD**



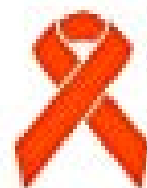
**OVARIAN & CERVICAL  
CANCER**  
**#18 TURQUOISE**



**MULTIPLE MYELOMA  
HEAD & NECK CANCER**  
**#5 DARK RED**



**GALLBLADDER &  
BILE DUCT CANCER**  
**#23 YELLOW GREEN**



**KIDNEY CANCER  
LEUKEMIA**  
**#7 ORANGE**



**LYMPHOMA**  
**#24 LIME GREEN**



**BREAST CANCER**  
**#8 SOFT PINK**



**LIVER CANCER**  
**#21 DARK GREEN**



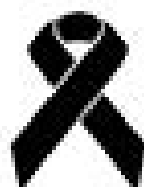
**TESTICULAR &  
ALL CANCERS**  
**#10 LILAC**



**BRAIN CANCER**  
**#29 GREY**



**ESOPHAGEAL &  
STOMACH CANCER**  
**#11 LAVENDER**



**MELANOMA**  
**#34 BLACK**



**PANCREATIC CANCER  
LEIOMYOSARCOMA**  
**#12 PURPLE**



**LUNG CANCER**  
**#35 WHITE**



# IN GESPREK MET...



**JUFFROU NIEMANN**

DEUR FIONA VAN ROOYEN

7 November Staan bekend as die maand van Nasionale Kankerbewustheid. Hierdie jaar het ons een van ons geliefde juffrouens terug by VHS verwelkom nadat sy lank met Leukemie gestoei het. Met die oog hierop het die Bokkompie vir juffrou Niemann 'n paar vrae gevra oor haar stryd teen kanker.

**Watter tipe kanker het juffrou gehad?**

Ek is gediagnoseer met Leukemie. Ek het intussen 'n beenmurgoorplanting gehad, so my bloedtelling is weer terug na normaal.

***"Ek kan en ek gaan dit maak werk!"***





## **Wat is Leukemie?**

Leukemie, ook bekend as bloedkanker, is 'n tipe kanker wat witbloedselle aanval. Witbloedselle is daar om jou liggaam teen vreemde voorwerpe of siektes te beskerm. Hierdie witbloedselle word deur die rugmurg geproduseer. Witbloedselle ontwikkel gereeld wanneer jou liggaam dit nodig het om infeksies / siektes uit te wis. In die geval van bloedkanker, sal die beenmurg oormatige en abnormale witbloedselle produseer wat nie behoorlik kan funksioneer nie. Oormatige hoeveelhede sal in die beenmurg opbou sodat gesonde bloedselle verminder sal word.

## **Het enige iemand in Juffrou se familie al kanker gehad?**

My pa het longkanker gehad en my broer is in Junie 2019 (net voor my diagnose dieselfde jaar) oorlede aan prostaatkanker.

## **Hoe het Juffrou tydens die behandeling gevoel, fisies en emosioneel?**

Fisies: Die chemo het my baie naar gemaak. Andersins het ek nog nooit sleg gevoel nie. Ek was net ongelooflik moeg, veral as my bloedtelling laag was.

Emosioneel: Daar was baie dae wat ek gevoel het ek kan nie meer nie. Maar 'n suster het eendag vir my gesê: "As jy dink jy kan nie meer nie, dan is dit eers die begin van jou sterkte." So ek het baie kere as ek gevoel het ek kan nie meer nie, eenvoudig vir myself gesê: "Ek kan en ek gaan dit maak werk." Dan was die voorbeeld van Job in die Bybel ook vir my 'n groot aansporing.

## **Wat was Juffrou se motivering of aanmoediging gedurende die proses?**

Ek het van die begin af die pad met die Hemelse Vader aangepak. Ek het van die begin af vrede in my hart gehad. Ek het ook geweet wat ook al gebeur, dit is die wil van die Here.

## **Wat het gemaak dat Juffrou terug skool toe gekom het?**

Skoolhou was nog altyd 'n passie vir my. Ek het verlang na my kinders en my kollegas.





# DIE TOEKOMS IS

# Heldes

DEUR  
BOIPELO  
MANCE

Ons breek dikwels ons koppe oor wat ons eendag na skool wil studeer. Elke dag skrik ons wakker met 'n nuwe beroepskeuse of nog 'n tweede opsie.

Vir die matrieks van 2021 was dit 'n bietjie moeilik om sekere universiteite te besoek as gevolg van Covid-19. Baie van hulle het ouers of voogde verloor as gevolg van hierdie pandemie, maar elke dag staan hulle weer op en maak hulself gereed om die nuwe dag aan te pak.

As jy wil gaan studeer, maar jou ouers/voog is nie finansieel in staat om jou universiteit toe te stuur nie, is daar altyd beurse om jou te help, soos NSFAS of 'n beurs van jou keuse.

## **What is a bursary and how does it work?**

A bursary is a sum of money that is awarded to enable someone to study at a university or college. It always covers full tuition fees and sometimes also covers additional costs involved in studying such as laptops, books and accommodation.

## **How do you qualify for a bursary?**

You have to be a South African citizen.

You must have a strong academic history.

You must prove financial need.



Ons het onderhoude met sekere leerders gevoer om te hoor wat hul planne vir volgende jaar behels. Die sleutelvrae was as volg:

- > **What do you plan on doing after school?**
- > **What is your expectation of the career you have chosen?**
- > **What is the one thing you're really stressed about for next year?**
- > **Name one thing you'll most definitely miss about VHS.**

**Ashton Van Wyk (12A4)**

- > Na skool gaan ek definitief by die Krieketakademie aansluit.
- > Ek verwag dat dit ongeveer 4 jaar sal duur.
- > Een ding waaroor ek bekommerd is, is om my familie alleen te los en op my eie oor te begin.
- > Ek gaan definitief VHS se gees mis.



**Natasha Mohutsiwa (12e2)**

- > I'm planning to go study after school.
- > The expectation of the course I have chosen is that after I'm done studying and done with practicals I must find myself a company that I will work for.
- > One thing I'm worried about is finding financial aid for my course.
- > One thing I'll miss about VHS are the memories I created with my friends since grade 8 and all my teachers.



**Azile Magogotya (12e2)**

- > Well I'm planning on studying for my bachelor's degree in nursing, full time, at the University of Stellenbosch.
- > I expect to excel in the course because it is something I love to do. I love helping other people. It's in me, it's my speciality.
- > I am scared that I'm finally going out into the real world where I'm going to learn to stand for myself and I don't feel quite ready.
- > I'll definitely miss my beloved teachers. I know I always made them smile.



Matrics out there: You'll lose and find new friends. You'll realise that everyone isn't destined for the same greatness. So stay in your own lane and run your own race, you'll eventually get there. Don't you ever lose hope. All the best for your life after matric.

*Only the best satisfies.*





# Bitter sweet goodbye

by Taira Cloete

The day has come that the class of 2021 ends one chapter and starts a new one. When we started our high school journey, it felt almost impossible to make it to the end. We thought that time was in our favour, but in the blink of an eye everything was over. Time has caught up to us and now we have to say goodbye to the memories, friendships and bonds we've built over the years.

The atmosphere changed when we entered the hall. All the parents and guardians on our right and above were staring at us with happiness and joy. The children they raised has come to a milestone in their lives. We heard some amazing messages from our leaders. One that stood out to me was that we don't have to settle for less when walking through the real world, we only have to aim higher. As Cheslin said, "Know your worth." I feel some of us needed to hear that to move forward.

As the ceremony ended, the tension of walking out became heavier. Tears were rolling and memories started to flow. As we stood outside the school looking back at the building with our friends around us, we all understood that this isn't a goodbye, but a simple see you later.

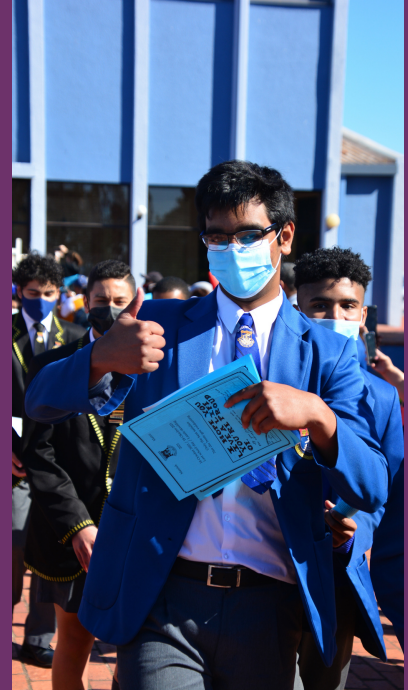














# Bedderf jouself!

Deur Elaine Bowles



Remember that heavenly smell when you walked past room 107? Those were our Burgies cooking and baking their hearts out! Ms Smit shared with us the scrumptious recipes they made during practical exams so that we can try them for ourselves!



# MINI wortelkoekies



## Bestanddele:

### Beslag:

- 50 ml bruismeel
- 1 ml koeksoda
- 1 ml gemengde speserye
- 25 ml pekanneute baie fyn gekap (opsioneel)
- 25 ml eier
- 25 ml sonneblomolie
- 35 ml sagte bruinsuiker
- 10 ml esdoringstroop ("maple syrup")
- 100 ml geelwortels, fyn gerasper

### Versiersel:

- 50 ml margarien
- 100 - 150 ml versiersuiker, gesif
- 3 ml vanieljegeursel
- 50 ml gladde roomkaas

## MAAK 3 MINI KOEKIES (+/- 5 CM DEURSNEE)

### Metode:

#### Koekbeslag:

1. Voorverhit die oond op 180° C (350° F).
2. Sif die bruismeel, koeksoda en gemengde speserye saam.
3. Voeg die pekanneute by en meng goed. (opsioneel)
4. Klits die eier, sonneblomolie, bruinsuiker en esdoringstroop baie goed saam om bruinsuiker te smelt. Gebruik 'n elektriese klitser.
5. Voeg die fyngerasperde wortels by die **eiermengsel** en roer deur.
6. Vou die eiermengsel liggies by die droë bestanddele in (+/- 14 keer).
7. Skep in voorbereide koekpannetjies – bodem gevoer met botterpapier en gespuit met Spray and Cook.
8. Bak +/- 10-15 min.
9. Keer uit op afkoelrakkie. Laat afkoel tot yskoud.

#### Roomkaas- en botterversiersel:

10. Room die margarien tot sag – gebruik 'n elektriese klitser en medium grootte vlekvyestaalbeker.
11. Voeg die gesifte versiersuiker geleidelik by en klits tot dit lig van kleur word (gebruik 'n elektriese klitser).
12. Klits die vanielje in en klits tot dit soos ryk room lyk – styf, maar moet van die lepel af kan drup.
13. Roer die roomkaas apart met 'n lepel tot dit net glad en romerig is – 1 of 2 keer.
14. Vou die roomkaas versigtig by die mengsel in tot dit net gemeng is. Plaas dit 'n rukkie in die yskas.

### Afronding:

15. Sny wortelkoekies in lae en smeer vulsel tussen-in en bo-op of net bo-op (soos jy verkies).







# Suurlemoen Meringuetertjies

## BESTANDELE

(Maak een tertjie van +/- 6.5 cm deursnee)

### Kors:

50 ml tennisbeskuitjies  
8-10 ml margarien, gesmelt.

### Vulsel:

50 ml kondensmelk  
25 ml suurlemoensap  
1 eiergeel, geklits (medium)

### Meringue:

1 eierwit (medium)  
1 ml suurlemoensap  
25-30 ml strooisuiker

### Afronding:

fyngerasperde suurlemoenskil

## METODE

### Kors:

1. Voorverhit die oond op 150°C (300°F).
2. Berei 1 (+/- 6.5 cm deursnee) klein quiche tertbordjie voor.
3. Sprei met Cook 'n Bake.
4. Skep 5 ml tennisbeskuitjiekrummels uit voordat margarien bygevoeg word.
5. Meng die res van die beskuitjiekrummels met die gesmelte margarien.
6. Druk baie stewig onder in die bodem van die vormpie vas en plaas eenkant op bakplaat.

### Vulsel:

7. Meng die kondensmelk met die suurlemoensap met 'n lepel tot verdik.
8. Voeg die eiergeel by en meng deeglik met 'n lepel.
9. Skep bo-op die kors in die vormpie.

### Meringue:

- LW Berei net voordat dit gebruik gaan word.
10. Klits die eierwit tot by die skuimstadium.
  11. Voeg die suurlemoensap by.
  12. Klits tot by die sagtepuntstadium.
  13. Voeg die strooisuiker nou bietjiesgewys by terwyl jy aanhoudend klits om die strooisuiker op te los – dit moet glansend vertoon met sagte omkrulpunte.
  14. Sprinkel die 5 ml droë krummels oor die vulsel van die tertjies.
  15. Skep die meringue bo-op die vulsel. Vorm netjiese punte.
  16. Bak +/- 15-20 minute (afhange van grootte en vulsel se dikte) by 150°C tot 'n ligte strooikleurige meringue.
  17. Toets die meringue. Die ligte dele moenie meer aan jou vinger vassit nie.
  18. Koel af tot yskoud voor bediening.
  19. Druk die tertjie van onder af op deur gebruik te maak van die "bodempie". Verwyder die bodem deur 'n paletmes onder die tertjie in te druk.
  20. Rond af met suurlemoen zest en mini toffieappeltjies / spindrade.
  21. Bedien yskoud of by kamertemperatuur.





# Hello SUMMER Quiz

1. In what year was the beach ball invented?
2. Is watermelon a fruit or vegetable?
3. When was the first women's bathing suit created?
4. What were frisbees actually invented for?
5. In what country is the biggest water park in the world?
6. What is the longest beach in South Africa?
7. What's the Guinness World Record for the longest barbecue ever?



1. 1938, 2. Vegetable,  
3. 1800s, 4. To be a pie in,  
5. Germany,  
6. Yzerfontein,  
7. 80 hours





# WHERE TO GO THIS SUMMER

BY LIANKA JORDAAN

The West Coast is a place filled with beautiful fauna and flora. It has unique towns with each having its own personality. Yet the question as to what you should do in your spare time is always there. So here are a few things you can do in the amazing West Coast.

Our first stop is Saldanha Bay. Saldanha is a coastal town. It is known for its harbour which receives commercial ships for imports and exports. In Saldanha, you can do a variety of things which include visiting a working harbour and you can go to the Sea Harvest Factory shop for fresh fish at a great price.

If it is great food you are looking for, enjoy the seafood with ocean views at Captains Cabin. For dessert, try the famous cupcakes at Cup of Cake!

You can also enjoy a horseback ride in the military reserve. Bookings must be made in Langebaan at their offices and then they will accompany you. There are also plenty of paths and trails to explore on foot or by bike.



St Helena Bay is another well known coastal town. There are many B&B's and a camping space for when you want to go visit. You can go fishing, swimming or just tanning.

Whatever your heart desires, you have a great beach you can go and enjoy yourself at. If you are interested in sightseeing, St. Helena is the place to be. The Stompneus Point Lighthouse is a good starting point and gives you a breathtaking view that any nature lover will enjoy.

For a bit of history you can go visit the Vasco Da Gama statue and learn a bit about how St Helena Bay came to be. The Shelly Point Golf Course is always something to consider, with its beautiful scenery and peacefulness. You can also go whale and dolphin watching. Make the most of your time in this busy town by getting arguable the best fish and chips in the West Coast at BP Marine Fish Products at the harbour.

Last, but certainly not least, is Langebaan. Known as the jewel of the West Coast, Langebaan enjoys almost year-round sunshine and natural beauty. With its windy beaches, restaurants and many things to keep one entertained, Langebaan is the place to be. A good place for animal lovers is the Thali Thali Game Lodge. Here you can go on a little safari-type outing and go see all the wildlife the park boasts.

Club Mykonos Resort is a family friendly entertainment centre. There are restaurants, a casino (for 18+ only) and a games room to entertain the rest of the family. From fishing trips to a relaxing cruise, Mykonos has it all. Even mini golf.



The windy beaches are the ideal place for kitesurfing and you can even get some lessons. There are also a variety of restaurants on the beach, like RocXiBeach and Pearly's. Speaking of which, on the beach in front of these restaurants you can rent canoes and paddle around the lagoon.





# Happy Holidays!

MUCH LOVE FROM VHS

